

**2024-2025**



**REPORT ON**  
**Rock-Climbing & Adventure**  
**Camp**  
**Department of Physical Education**  
**Sripat Singh College**

# Banner of the Program



**Rock Climbing & Adventure Camp**

-: Organised By :-  
**S.R. Fatepuria College , Beldanga MSD , WB**

-: In Collaboration With :-  
**Sripat Singh College , Jiaganj , MSD**

Basic & Advance Course On  
Rock Climbing  
&  
Adventure Camp

-: Under The Guidance Of :-  
**Susunia Adventure Academy**

**Joychandi Hill , Purulia , WB**

**Date :- 18/12/2024 -21/12/2024**

The banner features a scenic background of Joychandi Hill with a lake in the foreground. Five circular inset images show various activities: a person climbing a rope, a group photo of participants, a person rappelling, a campsite with tents, and people participating in a water-based activity.



## শ্রীপৎ সিং কলেজ

জিয়াগঞ্জ, মুর্শিদাবাদ

তারিখ: 03/12/2024

**বিজ্ঞপ্তি** No.-194

কলেজের সকল বিভাগের ছাত্র-ছাত্রীদের জানানো যাচ্ছে যে, শ্রীপৎ সিং কলেজ, এস আর এফ কলেজ এবং শুশুনিয়া অ্যাডভেঞ্চার অ্যাকাডেমির যৌথ উদ্যোগে আগামী ১৭/১২/২০২৪ তারিখ থেকে ২১/১২/২০২৪ তারিখ পর্যন্ত পুকুরিয়া জয়চন্দী পাহাড়ে রক ক্লাইম্বিং ও অ্যাডভেঞ্চার ক্যাম্পের আয়োজন করা হয়েছে।

উক্ত ক্যাম্পে যারা অংশ গ্রহন করতে ইচ্ছুক তাদের আগামী ১০/১২/২০২৪ তারিখের মধ্যে শারীর শিক্ষা বিভাগে নাম নথিভুক্ত করার জন্য বলা হচ্ছে।

যোগাযোগ নাম্বার – 7980677074, 7908679700

সঙ্গে দিতে হবে-

1. Application form
2. Course fees
3. Aadhar Card (Xerox)
4. College Identity card (Xerox)

ডঃ কমল কৃষ্ণ সরকার  
অধ্যক্ষ

DR. KAMAL KRISHNA SARKAR  
Principal  
Sripat Singh College  
Jyaganj, Murshidabad

## Report on the Rock Climbing & Adventure Camp

**Organized by:** Department of Physical Education, Sripat Singh College & SRF College, Beldanga

Venue: Jaychandi Hills, Purulia, W.B.

Duration: 5 Days (17/12/2024 – 21/12/2024)

### Introduction

Adventure activities such as rock climbing and trekking play a crucial role in enhancing physical fitness, mental resilience, teamwork, and survival skills.

Keeping this in mind, the Physical Education Departments of Sripat Singh College and SRF College jointly organized a five-day Rock Climbing and Trekking Camp at Jaychandi Hills, Purulia. This initiative aimed to provide participants with hands-on experience in adventure sports while fostering their endurance and self-confidence.

#### Objective of the Camp

- To develop physical endurance and mental strength.
- To instil team spirit, leadership qualities, and survival skills.
- To provide practical training in rock climbing, rappelling, and trekking techniques.
- To promote eco-tourism and adventure sports among students.

# Course Schedule

**Duration of Course:- 17/12/2024 to 22/12/2024**

**Venue: Jaychandi Hill, Purulia, W.B.**

## **Day-1 (17/12/2024) First day Our journey Start from Sripat Singh College to Jaychandi Hill, Purulia by Bus:**

- (After Dinner from home) Reporting time for S.R.Fatepuria College students and staff at College-8.45 p.m.
- (After Dinner from home) Reporting time for Sripat Singh College students and staff at Berhampore Girza More -9.45 p.m.

## **Day-2 (18/12/24) Second day of our Course:**

- Reporting Time at Jaychandi Hill -7.00 a.m.
- Breakfast-7.30 a.m.
- Flag Hosting-8.30 a.m.
- Move to Rock Face-9.30 a.m.
- Lunch Break-1.30 p.m.
- Class on Rope & Rope Knots-2.00 p.m.
- Equipment Demonstration-3.00 p.m.
- Tea and Snacks-5.40 p.m.
- Introduction-6.00 p.m.
- Class on Mountain Manner and Custom-7.00 p.m.
- Dinner-9.30 p.m.
- Light off-10.00 p.m.

## **Day-3 (19/12/24) Third day of our Course:**

- Bed Tea-05.00 a.m.
- Physical Training-05.35 a.m.
- Breakfast-07.35 a.m.
- Assemble for Picnic (Ayodha Hill) at Camp Site-08.30 a.m.
- Lunch -2.00 p.m.
- Move to camp site-04.30 p.m.
- Tea and Snacks-05.00 p.m.
- Class on Mountain Terminology-06.30 p.m.
- Class on Mountain Hazards-7.30 p.m.
- Dinner-08.30 p.m.
- Light off-09.30 p.m.



# Course Schedule

**Duration of Course:- 17/12/2024 to 22/12/2024**

**Venue: Jaychandi Hill, Purulia, W.B.**

## **Day-4 (20/12/24) Forth day of our Course:**

- Bed Tea-5.00 a.m.
- Physical Training-5.45 a.m.
- Breakfast-7.35 a.m.
- Move to Rock Face-8.00 a.m.
- Lunch Break(Rock face)-1.00 p.m.
- Practice in Rock face-2.30 p.m.
- Move to camp site-3.30 p.m.
- Tea and Snacks-5.30 p.m.
- Camp fire and cultural program-7.30 p.m.
- Dinner-9.30 p.m.
- Light off-10.30 p.m.

## **Day-5 (21/12/24) Fifth day of our Course:**

- Bed Tea-5.00 a.m.
- Physical Training-6.00 a.m.
- Breakfast-7.30 a.m.
- Move to Rock Face-8.00 a.m.
- Lunch Break-1.00 p.m.
- Written Exam-2.00 p.m.
- Camp Close Programme-4.00 p.m.
- Tea and Snacks-6.00 p.m.
- Camp close-7.00 p.m.
- Dinner-9.30 p.m.
- End of our Course-10.00 p.m.
- Return from Purulia to Berhampore by Bus. -10.30 p.m.
- Arrival time at Berhampore - (22/12/24)-8.00 a.m.

# List of Participants

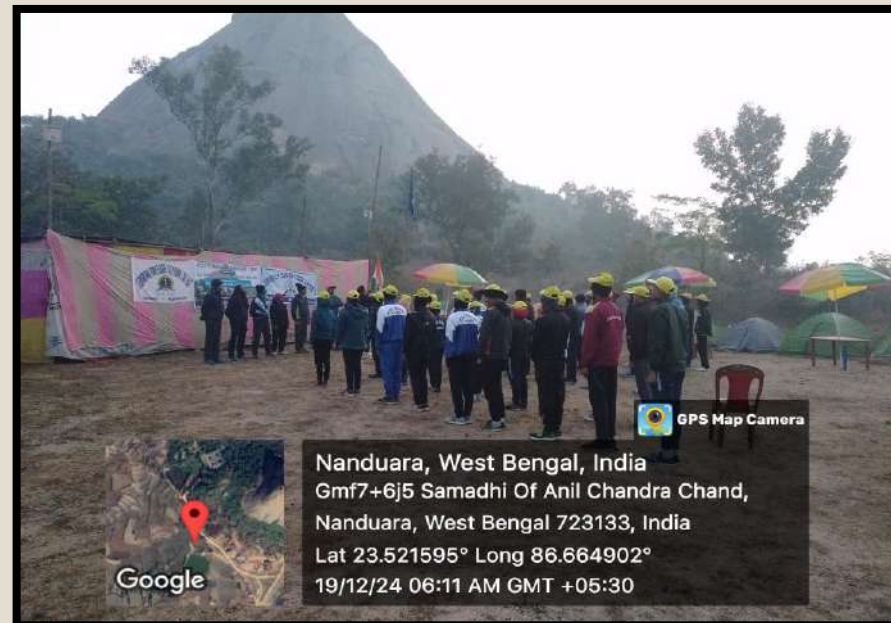
## SRIPAT SINGH COLLEGE

Jiaganj, Murshidabad, WB

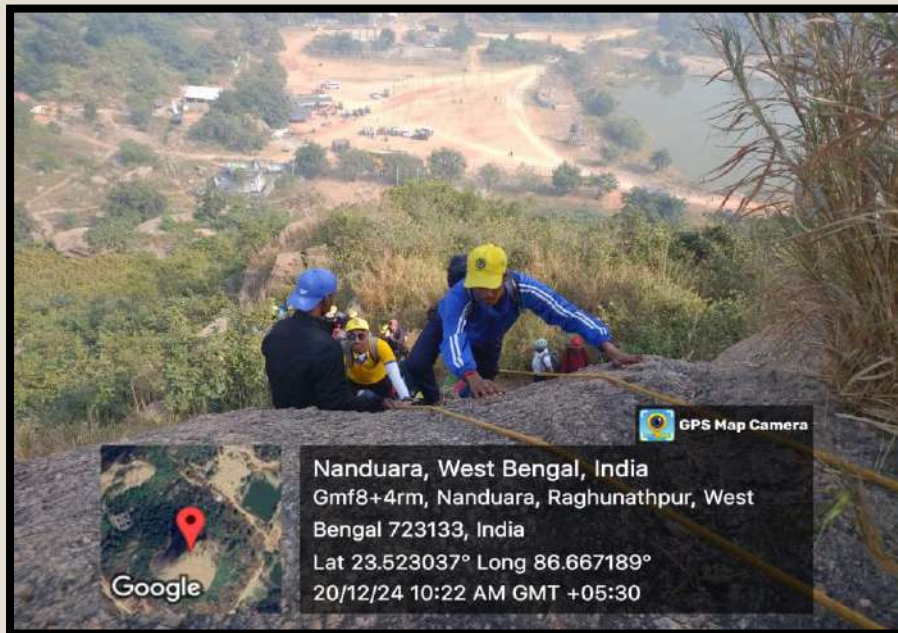
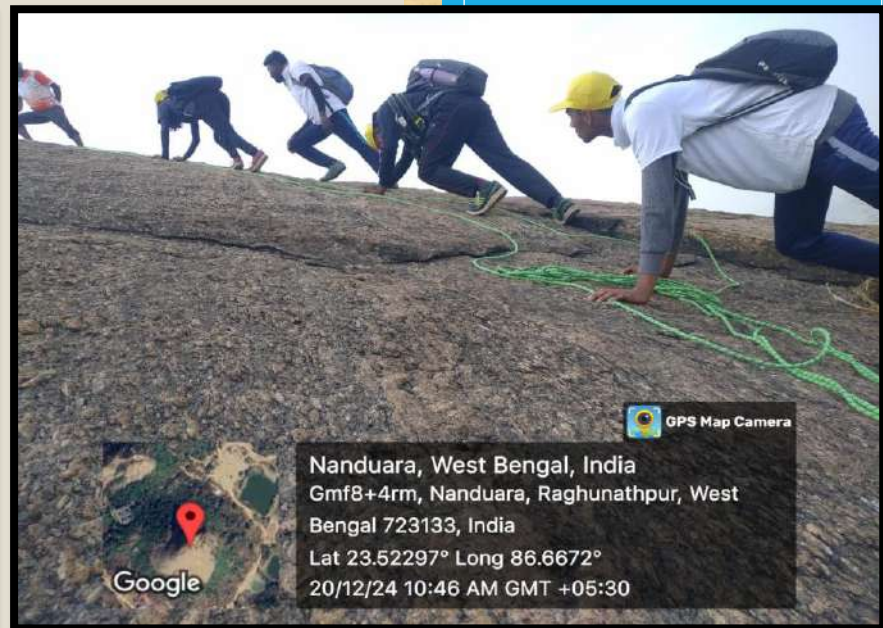
Basic and Advance Course on Rock Climbing & Adventure Camps 2024-25

### List of Students

Sl No	Name	Sem	I Card Roll No	Mobile No	Signature
1.	Fatema Khatoon	5th	2022GEN0622	7029636033	Fatema Khatoon
2.	Disha Ghosh	5th	2022GEN1071	9907092259	Disha Ghosh
3.	M.D. Gias Kanchan	5th	2022GEN1874	9975647774	M.D. Kanchan
4.	Pranathana Mondal	3rd	2023PHEDM0012	8418693366	Pranathana
5.	Kousik Ghosh	3rd	2023PHEDM0028	9883327960	Kousik Ghosh
6.	Amio Ghosh	3rd	2023PHEDM0003	9609700054	Amio Ghosh
7.	Imran SK	3rd	2023PHEDM0014	7001367474	Imran SK
8.	Pranoy Singha	1st	2024PEDMON	9064174588	Pranoy Singha
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SL NO.

# Adventure Camp on Rock Climbing Course 2024

Organised By - **Susunia Adventure Academy**

Registered Under The West Bengal Societies Regn. ACT XXIV Of 1961

Registration No - No.S 0202847 Of 2012 - 13

West Bengal Mountaineering And Adventure Sports Foundation (WBMAF)

## Certificate

Mr./Ms. ....

Participated And Successfully Completed The Basic / Advance  
Adventure Camp on Rock Climbing 2024 Held At Joychandi Hills,  
Purulia From 18/12/2024 - 21/12/2024

Grade Awarded :-

*M. Bauri*

Chief Instructor

*R. Malakar*

President

*Sh. P. Bhowmik*

Secretary



### Grading

"D" 85% & Above

"A" 65% to 84%

"B" 50% to 64%

"C" 40% to 49%

"U" Below 40%