

U.G. 4th Semester Examination - 2023**SANSKRIT****[HONOURS]****Skill Enhancement Course (SEC)****Course Code : SANH-SEC-T-02**

Full Marks : 40

Time : 2 Hours

*The figures in the right-hand margin indicate marks.**Candidates are required to give their answers in their own words as far as practicable.*1. Answer any **five** of the following questions:

2×5=10

- a) Who is mentioned as the father of Indian Medicine?
- b) Write the name of two schools of *Āyurveda*.
- c) Who was भावमिश्रः? Write the name of his work.
- d) What kind of food is to be eaten in Spring Season?
- e) What are the effect's of Northern Solstice (उत्तरायणम्) of Sun on the human body?

[Turn Over]

- f) When does a person become strong (उत्तमबलः)?
- g) What is meant by हंसोदकः?
- h) Mention the name of the author of the following texts:

गदविनिश्चयः, अष्टाङ्गसंग्रहः

2. Answer any **four** of the following questions:

5×4=20

a) Translate into Bengali or English:

शीते शीतानिलस्पर्शं संरुद्धो वलिनां वली ।

पक्ता भवति हेमन्ते मात्राद्रव्यगुरुक्षमः ॥

स यदा नेन्धनं युक्तं लभते देहजं तदा ।

रसं हिनस्त्यतो वायुः शीतः शीते प्रकुप्यति ॥

b) Explain with the context:

शारदानि च माल्यानि वासांसि विमलानि च ।

शरत्काले प्रशस्यन्ते प्रदोषे चेन्दुरश्मयः ॥

c) Describe the diet and regimen (आहारविहारौ) for Summer Season (ग्रीष्मर्तुः).

d) Describe the contribution of शार्ङ्गधर in the field of Indian Medicine.

e) Write a short note on: नागार्जुनः ।

f) Write a short note on: ओकसात्म्यम् ।

3. Answer any one of the following questions:

10×1=10

- a) Describe the origin of the history of Indian Medicine (आयुर्वेदः). Define the contents of eight-fold tantra. 5+5
- b) How many *sthānas* are there in चरकसंहिता? Write the contents mentioning their names. Mention major difference between आदानकालः and विसर्गकालः? 1+2+7
- c) Which of seasons is called Southern Solstice (दक्षिणायन) of Sun? Describe broadly the suitable diet and regimen (आहारविहारौ) for Southern Solstice of Sun. 3+7
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