



2024-25

**CERTIFICATE COURSE IN
WOMEN SELF DEFENSE**

REPORT

**Sripat Singh College
Internal Quality Assurance Cell**



SRIPAT SINGH COLLEGE

P.O. Jiaganj, Dist. Murshidabad, West Bengal, PIN 742 123

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Date 12-11-2024

SRIPAT SINGH COLLEGE, JIAGANJ, MURSHIDABAD

NOTICE

No: 194 Dated 12th November 2024

It is notified for all concerned that Inauguration Ceremony of Women Self Defense Course organized by the NCC Unit & IQAC of Sripat Singh College in collaboration with Saigo Kai do Karate Association of India will be held on 27.11.2024 at 11 a.m. at Rabindra Sabha Kakha.

All are requested to attend the session in time.


DR. KAMAL KRISHNA SARKAR
Principal
Sripat Singh College
Jiaganj, Murshidabad

Dr. Kamal Krishna Sarkar
Principal
Sripat Singh College

Empowering Women through Self-Defense: A Collaborative Initiative of Sripat Singh College

The Internal Quality Assurance Cell (IQAC) and NCC Unit of Sripat Singh College, in collaboration with the Saigo Kai do Karate Association of India, joined hands to organize a certificate course on women's self-defense. This initiative aimed to empower women with the knowledge and skills necessary to defend themselves in various situations. The course spanned 25 days, allowing for comprehensive learning and practice. The course started on 18 November, 2024.

The inauguration of the course was a momentous occasion, graced by the college's principal, Dr. Kamal Krishna Sarkar, along with esteemed dignitaries such as Dr. Sagar Simlandy, Coordinator IQAC, Mr. Biplab Biswas from the NCC, and Sensei Sadhudas Chakraborty, the trainer from the Saigo Kai do Karate Association of India. Their presence added immense value to the event and underscored the importance of the initiative in promoting women's safety and empowerment.

The course offered a well-rounded curriculum, blending theoretical concepts with practical training. This approach ensured that participants not only understood the principles of self-defense but also gained hands-on experience in applying these techniques. Sensei Sadhudas Chakraborty's expertise and guidance were pivotal in delivering high-quality training sessions that were both informative and engaging.

The valedictory function, held on 17 December, 2024, was a fitting conclusion to the course. The event was attended by distinguished guests, including Swami Jnanalokananda of Ramakrishna Mission Swami Vivekananda's Ancestral House and Cultural Centre, Dr. Kamal Krishna Sarkar, the college's principal, Dr. Sagar Simlandy, Coordinator IQAC, Mr. Biplab Biswas from the NCC, and Sensei Sadhudas Chakraborty, the trainer. Their presence highlighted the success and significance of the course in promoting women's safety and empowerment.

The certificate course on women's self-defense was a commendable initiative by IQAC and the NCC Unit of Sripat Singh College, in collaboration with the Saigo Kai do Karate Association of India. It not only equipped women with essential self-defense skills but also raised awareness about the importance of self-protection. Such initiatives are crucial in fostering empowerment and safety among women, ensuring that they can navigate the world with confidence and resilience.

SRIPAT SINGH COLLEGE

INTRODUCES CERTIFICATE COURSE ON

WOMEN'S SELF DEFENSE

ORGANISED BY:
IQAC & NCC UNIT OF SRIPAT SINGH COLLEGE
IN ASSOCIATION WITH
SEIGO KAI KARATE-DO ASSOCIATION OF INDIA

INAUGURATION

MONDAY
18
NOVEMBER
2024

3.00
PM

VENUE: HOSTEL
GROUND, SRIPAT
SINGH COLLEGE

CHIEF PATRON

MRS.SAYONI SINGHA ROY
PRESIDENT, GOVERNING BODY
SRIPAT SINGH COLLEGE

AUGUST PRESENCE

DR.KAMAL KRISHNA SARKAR
PRINCIPAL,
SRIPAT SINGH COLLEGE

COURSE COORDINATOR : DR.SAGAR SIMLANDY , SRIPAT SINGH COLLEGE
JOINT COURSE COORDINATOR: MR. BIPLAB BISWAS, SRIPAT SINGH COLLEGE.
TRAINER : SENSEI SAHODAS CHAKRABORTY , BLACK BELT

Banner of the Program



Jiaganj, West Bengal, India
67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 741001
Lat 24.244557°
Long 88.268914°

Glimpses of some Activities



Glimpses of Activities



Jiaganj, West Bengal, India

67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 742122, India

Lat 24.244348°

Long 88.268847°

Glimpses of Activities



Jiaganj, West Bengal, India
67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 741
Lat 24.244397°
Long 88.269025°

Glimpses of Activities



Glimpses of Activities



Glimpses of Activities



Jiaganj, West Bengal, India

67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 742122, India

Lat 24.244348°

Long 88.268847°

Glimpses of Activities



Jiaganj, West Bengal, India
67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 741001
Lat 24.24457°
Long 88.268924°

Glimpses of Activities



Jiaganj, West Bengal, India
67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 74:
Lat 24.244343°
Long 88.268875°

Glimpses of Activities



Jiaganj, West Bengal, India
67V9+VM4, Baligram, Jiaganj, Jiaganj Azimganj, West Bengal 74.
Lat 24.244573°
Long 88.268931°

Glimpses of Activities



Jiaganj, West Bengal, India

67M7+XXG Sripat singh college:office building, Jiaganj, Jiaganj Azimganj, West Be
India

Lat 24.234966°

Long 88.265077°

Glimpses of Activities



Dr. Kamal Krishna Sarkar
Principal
Sripat Singh College



Dr. Sagar Simlandy
Coordinator, IQAC
Sripat Singh College

Valedictory Ceremony of Women Self Defense Course



Organized by:
IQAC & NCC UNIT of Sripat Singh College
in Collaboration with
Seigo Ki Carate - Do Association

Venue: Rabindra Sabhakaksha - Date: 17-12-2024 Time: I.P.M.



Trainer
Sensei Sadhudas Chakraborty
(Black Belt)



Mr. Biplab Biswas
Joint Course Coordinator

Banner : Valedictory Session



Valedictory Session



Certificate Distribution



CERTIFICATE

OF COMPLETION
THIS IS TO CERTIFY THAT



.....

has successfully completed the Women's Self-Defense course conducted by Sripat Singh College in collaboration with Seigo-Kai Karate -Do Association of India from 10th November ,2024 to 17th December,2024.

Throughout this course, She has demonstrated a commitment to learning and applying essential self-defense techniques, strategies, and principles aimed at empowering women to protect themselves effectively..

SENSEI SADHUDAS CHAKRABORTY

Trainer
Seigo-Kai Katate-Do
Association of India

DR.SAGAR SIMLANDY

Coordinator
Internal Quality Assurance Cell

DR.KAMAL KRISHNA SARKAR

Principal
Sripat Singh College

Certificate

Registration link: <https://forms.gle/eekSz3vChp9rgQ3W8>

Feedback Code



Registration link, Feedback link



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Date:12-12-2024

NOTICE

No. - 208

It gives us immense pleasure to announce the Valedictory Ceremony of the Women Self-Defense Course—a transformative 36-hour initiative organized by the IQAC and NCC Unit of Sripat Singh College, in collaboration with the renowned Seigo Ki Karate-Do Association. This course has successfully empowered participants with essential self-defense skills and enhanced their confidence to face challenges with courage and resilience.

We cordially invite all students, faculty members, and stakeholders to join us in celebrating this milestone event. The details are as follows:

Venue: Rabindra Sabhakaksha

Date: 17th December 2024

Time: 1:00 PM

This event symbolizes a significant chapter in our ongoing commitment to promoting women's empowerment and self-reliance. Let us come together to honor the achievements of the participants and the dedication of everyone who contributed to this initiative.


14.12.24
Dr. Kamal Krishna Sarkar

Principal

Sripat Singh College

DR. KAMAL KRISHNA SARKAR

Principal

Sripat Singh College

Jiaganj, Murshidabad

Conclusion

In conclusion, the collaborative initiative of Sripat Singh College, led by the Internal Quality Assurance Cell (IQAC) and NCC Unit, in partnership with the Saigo Kai do Karate Association of India, to organize certificate course on women's self-defense, has been a resounding success. The 25-day course provided women with the knowledge and skills needed to defend themselves, with a curriculum that balanced theory and practical training. The inauguration and valedictory functions, attended by esteemed dignitaries and college officials, underscored the importance and impact of the initiative in empowering women and promoting their safety. Such initiatives are crucial in fostering empowerment and safety among women, ensuring they can navigate the world with confidence and resilience.
