

2024-25

CERTIFICATE COURSE IN WOMEN SELF DEFENSE

REPORT

Sripat Singh College Internal Quality Assurance Cell



SRIPAT SINGH COLLEGE

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Date12-11-2024

SRIPAT SINGH COLLEGE, JIAGANJ, MURSHIDABAD

NOTICE

No: 194 Dated 12th November 2024

It is notified for all concerned that Inauguration Ceremony of Women Self Defense Course organized by the NCC Unit & IQAC of Sripat Singh College in collaboration with Saigo Kai do Karate Association of India will be held on 27.11.2024 at 11 a.m. at Rabindra Sabha Kakha.

All are requested to attend the session in time.



Dr. Kamal Krishna Sarkar Principal Sripat Singh College Empowering Women through Self-Defense: A Collaborative Initiative of Sripat Singh College

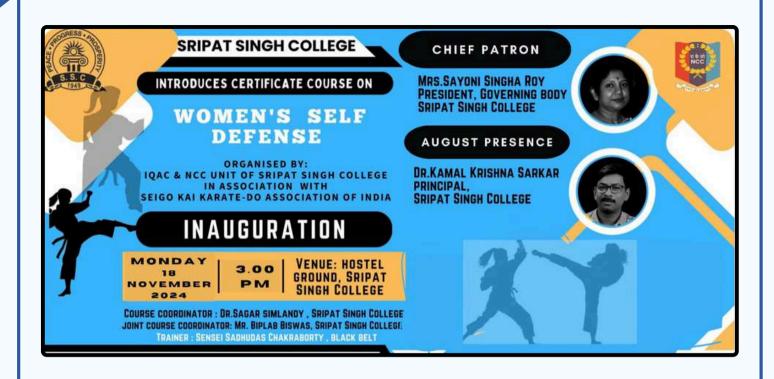
The Internal Quality Assurance Cell (IQAC) and NCC Unit of Sripat Singh College, in collaboration with the Saigo Kai do Karate Association of India, joined hands to organize a certificate course on women's self-defense. This initiative aimed to empower women with the knowledge and skills necessary to defend themselves in various situations. The course spanned 25 days, allowing for comprehensive learning and practice. The course started on 18 November, 2024.

The inauguration of the course was a momentous occasion, graced by the college's principal, Dr. Kamal Krishna Sarkar, along with esteemed dignitaries such as Dr. Sagar Simlandy, Coordinator IQAC, Mr. Biplab Biswas from the NCC, and Sensei Sadhudas Chakraborty, the trainer from the Saigo Kai do Karate Association of India. Their presence added immense value to the event and underscored the importance of the initiative in promoting women's safety and empowerment.

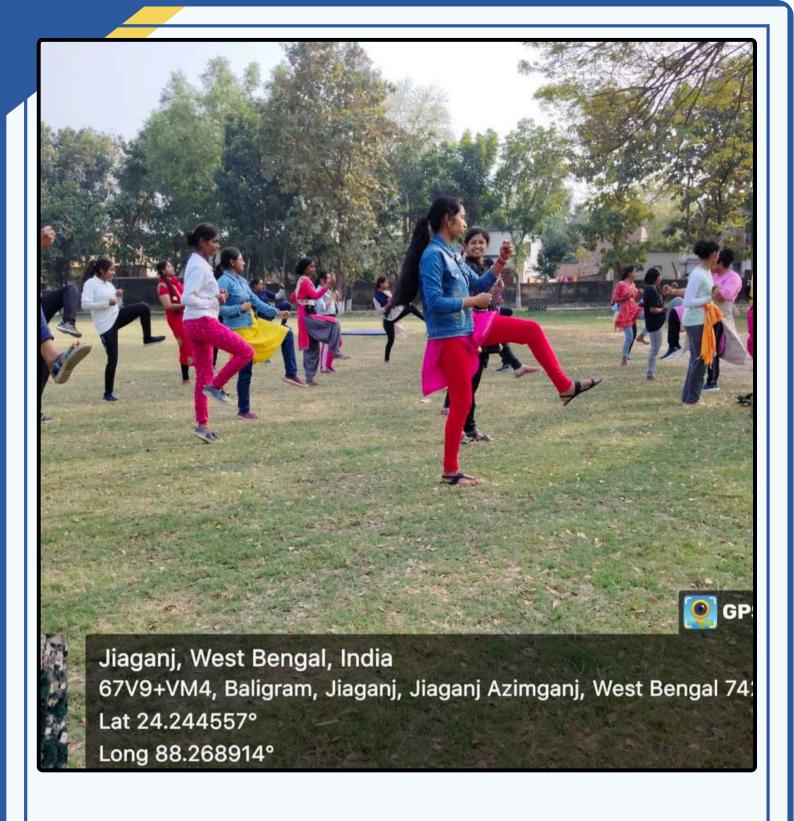
The course offered a well-rounded curriculum, blending theoretical concepts with practical training. This approach ensured that participants not only understood the principles of self-defense but also gained hands-on experience in applying these techniques. Sensei Sadhudas Chakraborty's expertise and guidance were pivotal in delivering high-quality training sessions that were both informative and engaging.

The valedictory function, held on 17 December, 2024, was a fitting conclusion to the course. The event was attended by distinguished guests, including Swami Jnanalokananda of Ramakrishna Mission Swami Vivekananda's Ancestral House and Cultural Centre, Dr. Kamal Krishna Sarkar, the college's principal, Dr. Sagar Simlandy, Coordinator IQAC, Mr. Biplab Biswas from the NCC, and Sensei Sadhudas Chakraborty, the trainer. Their presence highlighted the success and significance of the course in promoting women's safety and empowerment.

The certificate course on women's self-defense was a commendable initiative by IQAC and the NCC Unit of Sripat Singh College, in collaboration with the Saigo Kai do Karate Association of India. It not only equipped women with essential self-defense skills but also raised awareness about the importance of self-protection. Such initiatives are crucial in fostering empowerment and safety among women, ensuring that they can navigate the world with confidence and resilience.



Banner of the Program



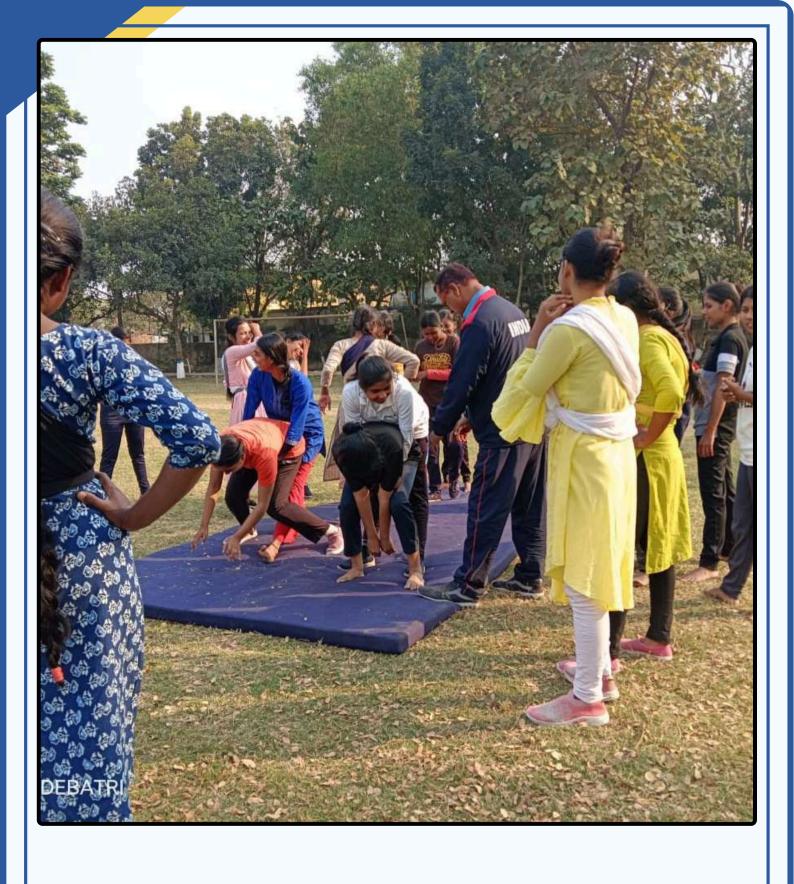
Glimpses of some Activities









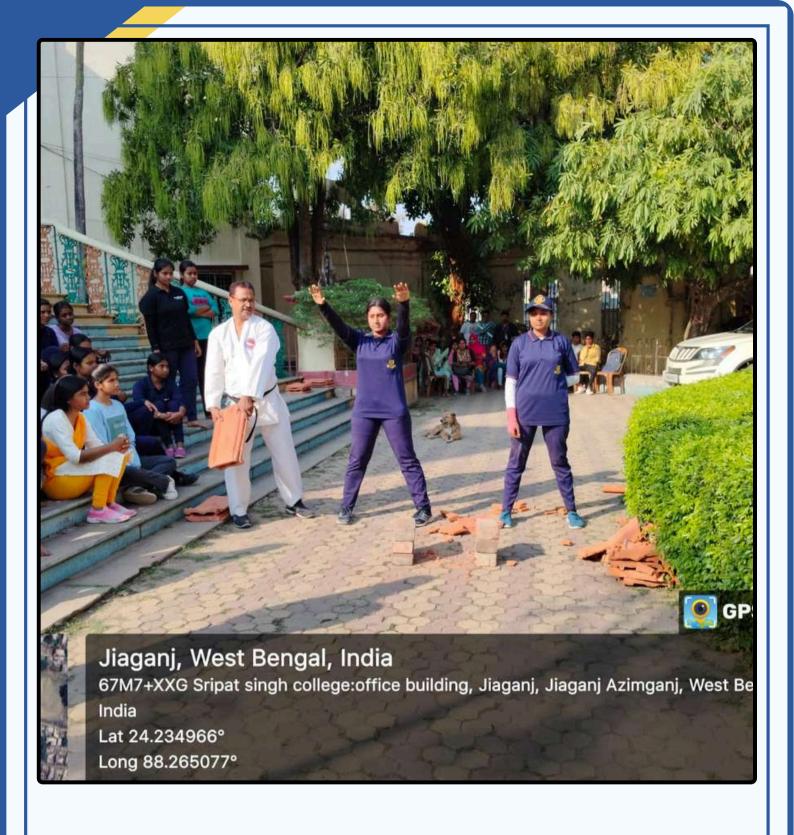


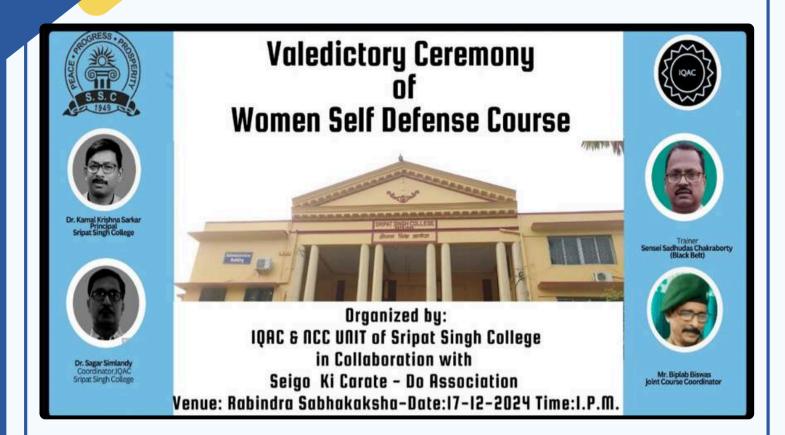












Banner: Valedictory Session



Valedictory Session



Certificate Distribution







CERTIFICATE

OF COMPLETION
THIS IS TO CERTIFY THAT



has successfully completed the Women's Self-Defense course conducted by Sripat Singh College in collaboration with Seigo-Kai Karate -Do Association of India from 10th November ,2024 to 17th December,2024.

Throughout this course, She has demonstrated a commitment to learning and applying essential self-defense techniques, strategies, and principles aimed at empowering women to protect themselves effectively..

SENSEI SADHUDAS CHAKRABORTY

DR.SAGAR SIMLANDY

DR.KAMAL KRISHNA SARKAR

Trainer Seigo-Kai Katate-Do Association of India Coordinator Internal Quality Assurance Cell Principal Sripat Singh College

Certificate

Registration link: https://forms.gle/eekSz3vChp9rgQ3W8

Feedback Code



Registration link, Feedback link



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Date:12-12-2024

NOTICE No.-208

It gives us immense pleasure to announce the Valedictory Ceremony of the Women Self-Defense Course—a transformative 36-hour initiative organized by the IQAC and NCC Unit of Sripat Singh College, in collaboration with the renowned Seigo Ki Karate-Do Association. This course has successfully empowered participants with essential self-defense skills and enhanced their confidence to face challenges with courage and resilience.

We cordially invite all students, faculty members, and stakeholders to join us in celebrating this milestone event. The details are as follows:

Venue: Rabindra Sabhakaksha Date: 17th December 2024

Time: 1:00 PM

This event symbolizes a significant chapter in our ongoing commitment to promoting women's empowerment and self-reliance. Let us come together to honor the achievements of the participants and the dedication of everyone who contributed to this initiative.

Dr. Kamal Krishna Sarkar

Principal

Sripat Singh College

DR. KAMAL KRISHNA SARKAR Principal Sripat Singh College Jiaganj, Murshidabad

Conclusion

In conclusion, the collaborative initiative of Sripat Singh College, led by the Internal Quality Assurance Cell (IQAC) and NCC Unit, in partnership with the Saigo Kai do Karate Association of India, to organize certificate course on women's self-defense, has been a resounding success. The 25-day course provided women with the knowledge and skills needed to defend themselves, with a curriculum that balanced theory and practical training. The inauguration and valedictory functions, attended by esteemed dignitaries and college officials, underscored the importance and impact of the initiative in empowering women and promoting their safety. Such initiatives are crucial in fostering empowerment and safety among women, ensuring they can navigate the world with confidence and resilience.